

# SUMMER SOCIAL SKILLS BOOT CAMP SERIES

Once school is out it is time to relax and have fun. Children with social skill deficits can have difficulty making friends and participating in community activities designed for kids their age. Sending your child to Social Skills Boot Camp can enhance their skills and prepare them for playing and hanging out with friends this summer. These intensive, week-long groups have been designed with specific goals for each age group to foster appropriate communication and interpersonal relationship skills. Boost your child's summer social skills by joining one of our social skills boot camps.

- 1. Play Pals** – ages 3-5 – June 18<sup>th</sup> – 22<sup>nd</sup>, 2012 – 9-10 daily (limited to 4 children per group). This preschool group is a great way to introduce or reinforce social skills in a small group setting. Each session will include the following components:
  - **Circle time** – 15 minutes of working in a group as social skills such as listening, waiting, raising your hand, joint attention, and responding are taught. These are necessary skills for being able to “learn to learn” in school.
  - **Lesson time** – 30 minutes of reinforcing the lessons introduced during circle through hands-on activities. This will include simple turn-taking games, use of creative art materials for sensory, visual, and auditory feedback, as well as ways to make the lessons “concrete” for young learners.
  - **Snack time** – 10 minutes of snack and casual conversation to allow for informal practice of social language skills.
  - **Closing** – 5 minutes of closing group time to review skills taught and telling friends goodbye.

**2. Summer Detectives** – ages 6-11 - June 18<sup>th</sup> -22<sup>nd</sup>, 2012 10:30-11:45 daily (limited to 6 children per group).

This group is for students in elementary who learn best with a combination of formal and informal lessons. Skills taught will include working in groups/pairs, compromise/conflict, initiate/ maintain conversation and good sportsmanship. Each session will include:

- **Greeting and warm-up**– 10 minutes
- **Lesson** – 15 minutes of leader-directed instruction regarding the topic
- **Activities** – 30 minutes of hands-on practical exercises to reinforce the skill
- **Snack** – 15 minutes of snack and unstructured conversation to allow students to practice the skill without adult initiation but with instant feedback from the leader to facilitate proper understanding and use
- **Closing** -5 minutes of discussion to review skill and project how to use the skill in daily interaction

**3. Summer Navigators** – ages 11-14 -June 18<sup>th</sup> – 22<sup>nd</sup>, 2012 – 1:30-2:45 daily (limited to 6 members)

This group is designed specifically for pre-teens and teens and includes less structured time and more guided adult interaction. Skills are introduced and group feedback helps guide discussion so that it is relevant for each member. Topics include conflict resolution, compromise, offering/accepting criticism, flexible thinking, nonverbal communication and more.

- **Greetings and warm up** – 10 minutes
- **Lesson** – 20 minutes of leader-guided discussion on the topic
- **Break it down-** 25 minutes of breaking the skill down into simple steps and practicing it through role play, video feedback, other activities
- **Snack/Review** – 20 minutes of snack and unstructured conversation that provides opportunity for practice with skills and adult feedback. Daily skills reviewed and discussion of how to use it in interactions.

Costs: \$300 (\$60.00 per session)