



A Multi-Specialty Behavioral Health Practice

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CRG Gap Year Services Student Intake Form

Directions: Please complete this form and bring it with you to your intake appointment. We ask that you answer each question as thoroughly as you can. In addition, please bring the following to your intake appointment:

- ___ Your high school transcript
- ___ Your college grades/transcript (if appropriate)
- ___ Your SAT and/or ACT scores
- ___ The most recent diagnostic assessment report you have that was **NOT** done at CRG (We have a copy of any report done at CRG).

Your name: _____ Today's date: _____

Students participating in CRG's Gap Year services will choose one of two tracks:

Track A: LOCAL – These students will live at home or on their own, in central Indiana. They will meet each month at CRG in person. This track is designed for students who want to explore college plans, develop better job skills, enhance social skills, and strengthen life skills for a thriving and independent adulthood.

Track B: GLOBAL – These students will receive help finding and then participating in work/travel experiences around the U.S. or abroad. They will be coached via computer during this year of personal growth and development. Coaching will help them defer college enrollment for the year and/or make plans to start college when they return.

A. EDUCATION

What is the highest level of education you have completed?

1) What high school and/or college did you attend? _____

2) What extracurriculars did you participate in during high school/college?

3) Please identify any accommodations (e.g., extra test time) you have used in high school, on the ACT/SAT, and/or in college:

4) Did you work with tutors in high school/college? If so, in what subject(s)?

5) What term best describes your feelings about high school/college (check one):

- I really enjoyed school.
 I liked some aspects of school but really disliked other aspects.
 I didn't like school and am glad it's over.

6) What was your favorite subject in school and why?

7) What was your least favorite subject in school and why?

8) If high school is your highest level of education so far, we'd like to know about your current interest in colleges. Currently, what are your thoughts or plans and concerns about college?

Please fill in any part of the chart below that you can.

Name of College	Have Visited? (Yes/No)	Have Applied? (Yes/No)	Been Accepted? (Yes/No)

9) If you have already attended college, please identify that college and summarize your experience/GPA there.

B. WORK/CAREER

10) Please fill in the chart below for the last two jobs you have had:

Name of Business/Job Title	How Long Were You There/Ending Pay	Strengths/Talents at that Job	Difficulties/Dislikes about that Job

11) Please describe any volunteer (unpaid) work you have done:

12) Right now, what are your thoughts about:

A college major?	A rewarding job or career?

C. LIFE SKILLS

13) Please check the appropriate responses for all items below.

Finances

- | | YES | NO |
|---|-----|----|
| • I have my own bank account(s) in my name. | — | — |
| • I have a debit and/or a credit card in my name. | — | — |
| • I pay my own bills. | — | — |
| • I have a regular source of income. | — | — |
| • I have a personal budget. | — | — |

Transportation

- | | | |
|---|---|---|
| • I have a driver’s license. | — | — |
| • I am currently working to get a driver’s license. | — | — |
| • I feel very nervous about driving. | — | — |
| • I know how to use the city bus system or a local ride share (e.g., Uber) on my own. | — | — |

Work

- | | | |
|--|---|---|
| • I have applied for jobs in the past. | — | — |
| • I hold or have held at least one job. | — | — |
| • I enjoy working. | — | — |
| • Thinking about looking for a job makes me anxious. | — | — |

Life Skills

- | | | |
|--|---|---|
| • I do my own laundry. | — | — |
| • I know how to shop for groceries. | — | — |
| • I can cook my own meals. | — | — |
| • I regularly take care of chores around the house. | — | — |
| • I usually eat healthy meals. | — | — |
| • I regularly exercise and consider myself pretty fit. | — | — |
| • I know how to manage my time well | — | — |
| • I know how to manage my stress well. | — | — |

D. SOCIAL SKILLS

14) Please describe any hobbies you have or hobbies you would like to develop:

15) Please check the best answer to each statement below about friends:

	Yes	No	Sort Of
• I find it very easy to make friends.	—	—	—
• I make friends easily and am comfortable “hanging out” with them in person.	—	—	—
• I prefer to spend a lot of time by myself.	—	—	—
• Most of my time with friends is spent online.	—	—	—
• It is easy for me to talk to other people about their interests.	—	—	—
• It is easy for me to understand what other people are feeling or thinking.	—	—	—
• I have good social skills when I meet new people.	—	—	—
• If I have a job, I prefer to work by myself rather than with other people.	—	—	—

E. PERSONAL ENRICHMENT

16) If you could imagine your life in 10 years and it turned out to be a good life, what kind of job would you have? Where would you be living? Would you be married/in a relationship? Please do some dreaming here and write a paragraph that describes what a good life would look like for you in 10 years.

17) Do you have a disability? If so, please tell us the name of your disability (or disabilities) and how these create challenges for you.

18) Do you think your disability has contributed to any of your strengths?

F. GAP YEAR GOALS

19) Please use the space below to share with us your understanding of what a Gap Year would look like for you. Tell us if you want to pursue Track A (LOCAL) or Track B (GLOBAL). What would you like to accomplish during your Gap Year?

20) What areas do you feel you would most benefit from in order to reach your Gap Year goals (academic, work, finances, transportation, social, etc.)?

21) Please share any additional information you would like.

Thank you. Please bring this intake to your Gap Year intake meeting along with any other records we noted on page 1.