RECOMMENDED READING LIST
UPDATED 02/2011

PARENTING
AD/HD
ANXIETY
DEPRESSION
BIPOLAR DISORDER
MOOD DISORDERS
GRIEF & LOSS
LEARNING DISORDERS
NON-VERBAL LEARNING DISORDERS
MENTAL RETARDATION
AUTISM
PERVERSIVE DEVELOPMENTAL DISORDERS
SCHIZOPHRENIA
MEDICATION
RECOMMENDED WEBSITES

9106 NORTH MERIDIAN • SUITE 100 • INDIANAPOLIS, IN 46260
WWW.CHILDRENSRESOURCEGROUP.COM
317-575-9111
GENERAL PARENTING


**ATTENTION-DEFICIT HYPERACTIVITY DISORDER**


*You Mean I’m Not Lazy, Stupid, or Crazy?: The Classic Self-Help Book For Adults with Attention Deficit Disorder.* Kate Kelly & Peggy Ramundo. Scribner. Updated 2006.

**FOR CHILDREN, ADOLESCENTS, & YOUNG ADULTS**


ANXIETY, DEPRESSION, & BIPOLAR / MOOD DISORDERS


Raising a Moody Child: How to Cope with Depression and Bipolar Disorder. Mary Fristad & Jill Goldberg Arnold. Guilford Press, 2004


FOR CHILDREN, ADOLESCENTS, & YOUNG ADULTS


GRIEF / LOSS / SEPARATION ANXIETY


FOR CHILDREN, ADOLESCENTS, & YOUNG ADULTS


**LEARNING DISORDERS (DYSLEXIA)**


**NONVERBAL LEARNING DISORDERS**


http://www.linguisystems.com

**MENTAL RETARDATION / INTELLECTUAL DISABILITY**

**Pervasive Developmental Disorders / Autism**


**Asperger/Autism - Success in Work & School**


**SCHIZOPHRENIA**


**MEDICATION**


RECOMMENDED WEBSITES

PARENTING

• American Psychiatric Association  www.healthyminds.org
• Non Profit Mental Health Resource  www.helpguide.org
• National Alliance on Mental Illness  www.nami.org
• National Institute of Mental Health  www.nimh.nih.gov/

ANXIETY

• Anxiety Disorders Association of America  http://www.adda.org

AD/HD

• Children & Adults with Attention Deficit/Hyperactivity Disorder  www.chadd.org
• National Resource Center on ADHD  www.help4adhd.org
• Attention Deficit Disorder Association  http://www.add.org/
• ADDvance  www.addvance.com

BIPOLAR DISORDER

• Child and Adolescent Bipolar Foundation  www.bpkids.org
• Georgia Children Bipolar Foundation  www.gebf.org
• Depression and Bipolar Support Alliance  www.dbsalliance.org

ASD/PDD

• Autism Society of America  http://www.autism-society.org/
• O.A.S.I.S. at MAPP  http://www.aspergerssyndrome.org/
• Indiana Resource Center for Autism  www.iidc.indiana.edu/irca

LEARNING DISORDERS

• LD Online  www.ldonline.org
• Learning Disabilities Association of America  http://www.ldanatl.org