

**Children's Resource Group and CRG Associates**  
**9106 N. Meridian St., Suite 100**  
**Indianapolis, IN 46260**  
**TEL: (317) 575-9111 FAX: (317) 571-4470**

**Adult Questionnaire**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Today's Date: \_\_\_\_\_ Who referred you here? \_\_\_\_\_

**HOW DID YOU HEAR ABOUT CRG/CRGA:**

- Family Dr. (Dr.'s name: \_\_\_\_\_)
- Therapist (therapist's name: \_\_\_\_\_)
- School (school name: \_\_\_\_\_)
- Family member
- Friend / Coworker
- CRG Website
- Other \_\_\_\_\_)

**PRESENTING PROBLEM AND HISTORY OF TREATMENT**

1. In the space below, please state why you are coming in today:

2. When did this become a problem?

3. Have you had any type of treatment for this problem? If so please describe:

4. In the box below, please give any other history of previous counseling/psychotherapy:

Age	Length of Treatment	Reason	Outcome

5. In the box below, please indicate any medications that you currently take:

Medicine	Dose	Reason	Effectiveness

6. Please list any other psychiatric medicines you have taken in the past:

7. Please indicate below any psychiatric hospitalizations, including your age, length of stay, reason, and outcome.

### **SUBSTANCE USE**

8. Please describe below your use of any of the following substances:

	Present Use	Past Use
Alcohol		
Tobacco		
Marijuana		
Cocaine		
Hallucinogens		
Other		

### **HISTORY OF EMOTIONAL OR BEHAVIORAL PROBLEMS**

9. For each item below, please indicate with an "X" if you feel this has been a problem for you either currently, in the past, or both.

	Currently	Past
Depression		
Anxiety (general)		
Anxiety around people		
Attention		
Concentration		
Memory		
Anger		
Suicidal Thoughts		
Cutting or other self harming behavior		
Eating Problems		
Body image concerns		
Aggressive behavior		

	Currently	Past
Unstable Mood		
Unable to think clearly		
Seeing/hearing things that are not there		
Sexual abuse		
Physical abuse		
Emotional abuse		

10. Please give any information you wish about the above issues:

### **FAMILY INFORMATION**

11. Parents: together \_\_\_ divorced \_\_\_ separated \_\_\_ never married \_\_\_ deceased M F

12. Who did you grow up with (who was in the household in which you lived)?

13. Please list any siblings, including step-siblings and half-siblings, and their approximate ages:

14. Please describe your relationship with your mother as you were growing up:

15. Please describe your relationship with your father as you were growing up:

16. Please describe your relationship with any adoptive or step-parents as you were growing up:

17. How did you get along with your siblings?

18. Did you/your family experience any significant losses or major changes (e.g., due to accidents, illnesses, job changes, moves, etc.)?

19. To the best of your knowledge, has any biological relative, or anyone you lived with, had a problem with the following:

	Please Describe
Depression	
Anxiety	
Suicide	
Bipolar Disorder	
Schizophrenia	
Eating Disorder	
Attention	
Learning Problems	
Anger	
Aggression	
Substance Abuse	
Illegal Behavior	
Other:	

### **PERSONAL INFORMATION**

20. Single \_\_\_ Married \_\_\_ With Partner \_\_\_ Separated \_\_\_ Divorced \_\_\_ Widowed \_\_\_

21. Please describe your marital history or history of significant relationships (e.g., number of marriages, length of time, your age when married, reason for break-up, etc.).

22. Do you have any children?

23. Who lives in your household currently?

24. Are you currently employed?

25. What is the highest grade or level of training you have achieved?

26. For each time period listed, please say a little about how you did in school (grades, attitude to school, friend/peer relationships, activities, problems, accomplishments, etc.).

Elementary:

Middle School/Junior High:

High School:

College:

27. Please describe any military history:

28. Religious/spiritual orientation:

29. Sexual orientation:

30. Cultural/ethnic identification:

31. What do you consider to be your best qualities?

32. Please use the space below to tell us anything else you want us to know about you.

Thank you.