



Group Schedule

offered by:

Children's Resource Group
9106 N. Meridian St,
Suite 100
Indianapolis, IN 46260
www.ChildrensResourceGroup.com

2005 - 2006

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It is the goal of Children's Resource Group and CRG Associates to bridge the psychological, medical, educational and vocational needs of children, adolescents and adults. In order to provide services to meet that goal we offer group therapy options for special populations and seminars for parents and adolescents.

GROUP REGISTRATION

Registration is required for all groups. Space is limited and will be offered on a first-come, first-served basis. You may register by calling Children's Resource Group at 575-9111, option 8 and speaking with the receptionist. Please do not attempt to register by leaving a message on voice mail.

A credit card number is required at registration in order to hold your spot.

All group sessions, unless otherwise noted, will be conducted at the offices of Children's Resource Group, 9106 North Meridian Street.

Note: Groups will not meet the week of Thanksgiving, unless otherwise stated by the specific group therapist.

PAYMENT

Payment will be collected at the time of each group session. If no payment is collected at check-in, your credit card on file will be charged for that days group session. **Your credit card will not be charged for groups you do not attend.** Receipts will then be distributed at the end of group.

ADDRESSING SOCIAL SKILLS

Developmental Enrichment Program and Social Groups (coed ages 3-6 and 5-8)

Conducted by Paula Quammen and Sharon Cesnik

Social and language development group for boys and girls ages 3 to 6. Basic social skills group for boys and girls ages 5 to 8. Fall, Winter, and Spring sessions available. Located at St. Luke's United Methodist Church. Contact Sharon Cesnik (298-8892) or Paula Quammen (816-0581) for more information.

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Geminis (boys ages 7-9)

Conducted by Chip Calwell, LCSW

Social skills group for boys ages 7 to 9. This group will focus on teaching basic social skills such as listening, conversational skills, play skills, and handling/expressing emotions appropriately.

Thursdays 4:00 - 5:00 p.m.
Fall session starts October 6; about 10 meetings
Winter session starts January 19; about 8 meetings
Spring Session starts April 6; about 7 meetings
Cost: \$70/week

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Scorpios (boys ages 8-9)

Conducted by Chip Calwell, LCSW

Social skills group for boys ages 8 to 9. This group will focus on teaching basic social skills such as listening, conversational skills, play skills, and handling/expressing emotions appropriately.

Thursdays 5:00 - 6:00 p.m.
Fall session starts October 6; about 10 meetings
Winter session starts January 19; about 8 meetings
Spring Session starts April 6; about 7 meetings
Cost: \$70/week

Secrets of Friendship (girls ages 8-12)

Conducted by Susan Oxforth, LCSW

Socialization group for girls ages 8 to 12. Group will focus upon increasing self-confidence, improving social skills as well as coping skills, and developing communication skills.

Mondays 5:00 – 6:00 p.m.
Fall session starts October 3; about 10 meetings
Winter session starts January 16; about 8 meetings
Spring session starts April 3; about 7 meetings
Cost: \$70/week

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Astros (boys ages 9-11)

Conducted by Jennifer Horn, Ph.D.

Social skills group for boys ages 9-11. Group will focus on teaching basic social skills such as listening, conversational skills, play skills, and relational development skills.

Wednesdays 4:30 – 5:30 p.m.
Fall session starts October 5; about 10 meetings
Winter session starts January 18; about 8 meetings
Spring session starts April 5; about 7 meetings
Cost: \$70/week

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Explorers (boys ages 10-12)

Conducted by Jennifer Horn, Ph.D.

Social group for boys ages 10-12. Group will be targeted to boys who have completed Astro's. Group will review basic social skills and continue to address relational skills, also addressing conflict resolution, reading social cues, and handling frustration.

Mondays 4:00 – 5:00 p.m.
Fall session starts October 3; about 10 meetings
Winter session starts January 16; about 8 meetings
Spring session starts April 3; about 7 meetings
Cost: \$70/week

Circle of Friends (girls ages 12-14)

Conducted by Kim East, LCSW

Socialization group for girls ages 12-14. Group will focus upon increasing self-confidence, improving social skills as well as coping skills, and developing communication skills.

Wednesdays 4:00 - 5:00 p.m.
Session starts October 5; about 6 meetings
Cost: \$70/week

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Challengers (boys ages 13-16)

Conducted by Andy Brothers, Ph.D.

Social group for boys ages 13-16. Group will focus on improving social skills such as reading social cues, developing/handling friendships, managing sibling relations, handling frustration, and conflict resolution. This group will utilize videotaping to help improve the participants' understanding of social behaviors.

Thursdays 5:00 – 6:00 p.m.
Fall session starts October 6; about 10 meetings
Winter session starts January 19; about 8 meetings
Spring session starts April 6; about 7 meetings
Cost: \$70/week

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Vulcans (coed ages 15-17)

Conducted by Christine Kerr, LMHC and Kim East, LCSW

Socialization group for boys and girl ages 15-17 who have been diagnosed with Asperger's Disorder. The group will address such issues as improving social skills, friendships, and handling more responsibility and independence.

1st and 3rd Tuesday of each month 4:30 - 5:30 p.m.
Session starts September 20
Cost: \$70/session

ADDRESSING MOOD ISSUES

Pioneers (boys ages 8-11)

Conducted by Michelle Freeman, LMFT

This group is designed for boys ages 8-11 who have trouble controlling their emotions, particularly anger and frustration. Group will discuss and have participants learn methods of emotional control, with practice at home to strengthen the skills.

Tuesdays 4:00 - 5:00 p.m.
Fall session starts October 4; about 10 meetings
Cost: \$70/week

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Bipolar Support Group (coed Middle School age)

Conducted by Susan Fay, MSN,, CPNP

Ongoing support/therapy group for middle school students (ages 11-14) with bipolar disorder. Group will provide information about ways to manage/cope with the symptoms of this disorder.

1st and 3rd Tuesday of each month 5:30-6:30 p.m.
Session starts September 6; about 8 meetings
Cost: \$70/session

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Bipolar Support Group (coed High school age)

Conducted by Lynda Boehme, ACSW and Susan Oxfurth, ACSW

Ongoing Support/therapy group for high school students (ages 14-18) with bipolar disorder. Group will provide information about ways to manage/cope with the symptoms of this disorder.

2nd and 4th Tuesday of each month 5:00-6:00 p.m.
Ongoing; can join any time
Cost: \$70/session

ADDRESSING SOCIAL SKILLS

Young Adults (coed ages 18-23)

Conducted by Barb Thornburg, LCSW and Marcia Boring, LCSW

Socialization group for seniors in high school and college age young adults who are seeking to improve their social skills. The group will address social issues, transitioning to adult life, handling more responsibility, etc

Every other Thursday 4:30-6:00 p.m.
Ongoing; can join any time
Cost: \$90/session

PARENT GROUPS

Mothers of Children with Bipolar Disorder

Conducted by Barb Thornburg, LCSW and Marcia Boring, LCSW

Support group for mothers who have children who are diagnosed with Bipolar Disorder. Group will provide support, education, problem-solving strategies, parenting skills and coping mechanisms.

3rd Monday of each month 5:45 - 7:15 p.m.
Ongoing; can join any time
Cost: \$90/session

DIVORCE SUPPORT

Divorce Support Group

Conducted by Christine Kerr, LMHC and Kim East, LCSW

Education and support group for adults adjusting after a divorce. Group will provide peer support and education on parenting issues and strategies for this lifestyle transition.

2nd and 4th Tuesday of each month 5:30-6:30 p.m.
Session starts September 13
Cost: \$70/session

The Professionals conducting the Groups and Seminars:

Andy Brothers, Ph.D., HSPP is a licensed clinical psychologist who provides a wide range of therapy services; he is particularly interested in working with adolescents. Areas of specialty include mood and anxiety disorders.

Ann Adinamis, MD is a child and adolescent psychiatrist who specializes in anxiety disorders, ADHD, and mood disorders. Her focus is on coordinating medication management, patient education, and therapeutic interventions.

Barbara Thornburg, MSW, LCSW is a licensed clinical social worker who provides individual, family, and group therapy for children, adolescents, and adults. Areas of expertise include mood disorders, attention deficit disorder, anxiety disorders, women's issues, grief/bereavement, and parenting.

Chip Calwell, LCSW, is a licensed therapist who has been running groups for children for thirty years. He is very interested in working with youth with ADHD, learning disabilities, and pervasive developmental disorders.

Christine Kerr, MA, LMHC is a licensed mental health counselor who provides individual, couple's, and family therapy for adults and adolescents. Christine's specialties include relationship issues, anxiety and stress reduction, parenting teens, and divorce recovery. Other areas of expertise are adults with ADHD and autism spectrum disorders.

Dennis Ray Kinder, PhD, HSPP is a psychologist who specializes in the evaluation and treatment of children with developmental, behavioral, emotional and learning difficulties. Areas of specialty include ADHD and mood spectrum disorders.

Gena Ehrhardt-Padgett, M.A. is a doctoral candidate in psychology with specialization in language disorders. She has extensive experience working in schools with a variety of populations.

Jennifer L. Horn, Ph.D., HSPP is a licensed clinical psychologist who specializes in the evaluation and treatment of children with de-

The Professionals conducting the Groups and Seminars:

velopmental, behavioral, and learning difficulties. Areas of specialty include ADHD, anxiety, and autism spectrum disorders.

Julie T. Steck, PhD, HSPP is a psychologist who specializes in evaluation and intervention with children and adolescents with developmental, learning, emotional, and behavioral concerns. Areas of expertise include autism spectrum disorders, ADHD, and learning disorders.

Kim East, MSW, LCSW is a licensed clinical social worker with over eight years of experience working with families, adults, and adolescents. Areas of expertise include post-traumatic stress disorder, mood disorders, ADHD, grief and loss, and work with blended families.

Lynda Boehme, LCSW is a licensed social worker who specializes in working with adolescents and their families with a variety of issues. Her focus is on involving the adolescent in their own treatment, parent education and support, and coordination of care.

Marcia Boring, MSW, LCSW is a licensed clinical social worker who specializes in the treatment of adults experiencing mood disorders, anxiety disorders, grief and loss, caregiver issues, and chronic illness. She also enjoys working with life stage issues, particularly as it relates to women.

Michelle Freeman, LMFT, is a licensed marriage and family therapist who provides a range of individual, family, and group therapy services to children and adolescents. She is particularly interested in autism spectrum disorders, mood disorders, and anxiety.

Susan Fay, M.S.N., C.P.N.P. is a clinical nurse practitioner/therapist who specializes in the evaluation and treatment of children and adolescents with special developmental or emotional needs. Her focus is on patient and parent education, monitoring response to treatment, and facilitating coordination of care.

Susan Oxforth, LCSW is a licensed social worker who provides individual and family therapy for children and adolescents. Her specialties include anxiety disorders and mood disorders.